

华人线上健康交流

美食相伴，健康同行

节日期间，每一道菜肴都有其独特的意义和故事。欢迎加入我们，一起交流，学习如何在享受美食的同时关爱我们的健康。

- 更新时事信息
- 分享家乡传统节日美食，畅谈健康
- 健康保健知识小贴士交流

2026年01月23日
周五上午10点 – 11点半

线上参会链接 (Zoom meeting):

<https://us02web.zoom.us/j/9269009635?omn=85610627044>

参会号码 (ID) : 926 900 9635



详情请联系：
09 8152338 - 2 (中文)
亚洲健康联络中心 (TANI)



TANI online health support korero

Festival Eating, Healthy Living

During festival times, each dish has meaning and stories to share. Please join us to talk, learn how to enjoy foods while caring for our health.

The session will include:

- Updated information
- Traditional festival foods from our hometowns & health discussion
- Healthcare tips

Friday, 23 Jan 2026, 10 - 11:30am

Join Zoom Meeting:

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Meeting ID: 926 900 9635



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